I. C. STATALE “S. PELLICO” - VEDANO OLONA

NURSERY SCHOOL “REDAELLI CORTELLEZZI”

**Educational Project: “TRAVELLING TOWARDS OTHERS …”**

Our Lab “Travelling towards others….” is a working path about affectivity, emotions and relationships in order to promote the integration process and the creation of good relations among the children. The objective of the project is to prevent, decrease or get rid of any kind of prevarications and victimism before they become real bullying episodes. We’ll try to get our goal through empathy.

The planned activities will help children to recognize their own and the others’ emotions in order to develop empathy and to strengthen emotional competences.

**TARGET:** 5 years old children (those attending the last year of the nursery school: 61 pupils)

**TIME**: the whole school year 2019- 2020 during planned working periods

**INVOLVED THEACHERS**: Chiarelli Maria Lucia (responsible for the project) and all the teachers working during the activities

**GOALS**:

* Promoting well-being
* Preventing prevaricating and victimistic behaviours
* Preventing school discomfort

**EDUCATIONAL TASK**

Creating a list of rules, good behaviours and practices to help children to live in harmony with themselves and their mates.

**SPECIFIC TASKS**

* Strengthening self-esteem and self-consciousness
* Learning to recognize and to properly express emotions
* Being able to create positive relationships with peers and adults
* Promoting collaboration, support and mutual help
* Understanding the importance of rules and their respect in order to get a democratic coexistence.

**LEARNING TASKS**

* Recognising and distinguishing our own and other people’s feelings
* Learning to properly communicate our affectivity through our body

**ACTIVITIES**

**13th November: WORLD KINDNESS DAY**

* watch the video: “The hedgehog” on the interactive whiteboard
* group discussion about the characters, their roles and feelings throughout the story
* realization of a colourful heart … as beautiful as children
* later we’ll crumple it and then we’ll open it out carefully in order to get it as beautiful as it was before: it will still be a little creased just like harsh words and behaviours leave traces on our hearts. We can make these hearts even more beautiful and bright through kindness, helping each other and using good words
* group reflection in order to identify the words and behaviours that make us suffer and feel “creased”: after that, all the children will address nice words and manners to each other because everything can be solved using our heart

**17th January: “Elmer, the colourful elephant”**

* watch the story of ELMER. Elmer is an elephant that has got all the colours on his skin except the right one; sometimes he feels different and would like to look just like all the other elephants
* group discussion about diversity to make children understand that being different isn’t a fault, on the contrary it’s a treasure!
* children will learn the song, draw an elephant using as many colours as they can and they will create a big poster

**7th February: NATIONAL DAY AGAINST BULLYING – THE BLUE KNOT**

* getting to school the children will find blue fabric knots tied on the main gate
* the teachers will show some pictures taken from the book “UP THE HILL”
* group opinion exchange about feelings and excluding attitudes as shown in the story
* realization of blue fabric bracelets to be tied with a knot for all the children and adults in the school

**9th March: WELCOME, INCLUSION AND RECIPROCAL HELP DAY**

* group reading of the book “BABA BEAR’S HUGE BUTT”
* group discussion and reflections about hospitality, collaboration, inclusion and reciprocal help
* children, in small groups, will draw the main episodes of the story
* the final product will be a booklet available to all the students of the school.
* Vedano Olona, October 2019

Project Responsible

Maria Lucia Chiarelli